



OKANOGAN REGION ARTS EDUCATION PARTNERSHIP ARTIST PROFILE

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Dance
All Districts

Preferred Age/ Grade Level: grades k-5, although it would be excellent for all.

Residency Offered: Creative, Exploratory Movement: This study offers children a chance to discover new ways to explore within and use their body to express themselves, as well as a chance to perform. Choreography will be created, along with simple costuming, using compositional exercises presented by the artist. The music will be cross-cultural world music supplied either by a live percussionist or from CDs. Subjects for the creative movement pieces can easily incorporate curricular topics, and children will see them 'come to life' through dance.

There is also an opportunity for a residency studying Traditional West African dance and rhythm.

Supplies, Equipment, Space, and Time Considerations: Fabric for simple costumes may be used. A large empty space is needed for preparation and performance. Ideally, we would work 1-2 days a week for one hour for several (4-8) weeks, then hold a performance. Working with a live percussionist would greatly enhance this residency.

Teaching Experience:

- 2004 AIR: Methow Valley Elementary Kindergarten - Dance
- 2004 African Dance Classes - all ages, Twisp Community Center
- 2003 Teacher of Creative Movement at Little Star Montessori School in Winthrop, Teacher of Modern Dance at Blue Heron Arts Center on Vashon Island
- 2001-2003 Teacher of West African Dance on Vashon and throughout the Northwest
- 1999-2002 Teacher of Creative Movement at Mother's Place in Seattle, and at Vitality Studio in Seattle.

Artist's Statement:

"If you can talk, you can sing. If you can walk, you can dance."
--West African Proverb

All day long we move in a thousand different ways...we walk, we talk, we drive, we eat, we laugh, we shop, we sit... Though our lives are an endless portrait of movement, it is not so often that we focus on this element and come to know it deeper. To know it deeper has been my inspiration to dance, and to share it with others. I am excited to help people connect with themselves and each other through movement. The dance I share includes elements of modern technique, creative exploration, traditional West African Dance, yoga and meditation.

DRAFT